

Sermon Notes – September 6, 2026

Frailty Anchored in Eternity (*Psalms 102*)

- I. The frailty of our LIVES. (*Vss. 1-11*)
 - A. The lament of our weakness. (*Vss. 1,2*)
 - 1. A cry for help.
 - 2. A day of distress.
 - 3. A life in the shadows.

- II. The anchor of our HOPE. (*Vss. 12-23*)
 - A. The eternal God on the throne.
 - 1. His compassion on the downtrodden.
 - 2. His hearing of our prayers.
 - 3. His release of the prisoners.

- III. The permanence of our MESSIAH. (*Vss. 24-28*) (*Hebrews 1:10-12*)
 - A. The Messiah has always existed. (*John 1*)
 - 1. Jesus has never changed. (*Hebrews 13:8*)
 - 2. Jesus has delivered His people. (*Matthew 1:21-23*)
 - 3. Jesus has established His church. (*Matthew 16:13-19*)